

**INSTRUCTIONS FOR THE COMPLETION OF THE JOB CONTENT WORKSHEET**  
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**Table 1**

<b>Job Function or Potential Hazard/Exposure from Job Content Worksheet (JCW)</b>	<b>Check when....</b>	<b>Medical Surveillance Content</b>
Ability to quickly evacuate work location	Work in areas where emergency situations could drive the need to quickly evacuate. This typically would be in work areas where hazardous gases could be released, criticality events or large fires could occur.	Traverse 100 yards expeditiously, unassisted, without stopping
Lifting Levels	Work requires manual lifting. Check lifting level(s) that are applicable.	Demonstrate ability to lift weight
Department of Transportation (DOE)/CDL Driver	Drivers of Commercial Motor Vehicles	DOT Exam (minimum every 24 months)
Crane Operation	Operators of cranes	Vision screen, drug test
Respiratory Protection (Negative Pressure, Powered Air Purifying, Airline, Self-Contained Breathing Apparatus)	Any use of respiratory protection	Initial/annual; SOMD discretion (minimum Part 1 Respirator Questionnaire, pulmonary function test)
Hearing Protection	Exposure to noise levels as an 8-hour time-weighted average (8-TWA) of $\geq 85$ A-weighted decibels (dBA)	Baseline, annual audiogram
Non-Destructive Testing Inspection	Inspectors designated by Quality Assurance	Visual acuity, color examination
Temperature Extremes	Workers who are routinely exposed to temperature extremes or who wear full-body personal protective equipment (PPE).	Initial/annual exam, review of health history
Bloodborne Pathogens	Occupational exposure to blood or body fluids visibly contaminated with blood	Hepatitis B Vaccine (at employee's discretion)
Lead	Exposure $> 30\mu\text{g}/\text{m}^3$ as 8-TWA $>30$ days/year without regard to respirator use	Exam & baseline blood lead/ZPP levels (periodic based on-air sampling results.)
Arsenic	Exposure $>5 \mu\text{g}/\text{m}^3$ as 8-TWA $\geq 30$ days/year without regard to respirator use	Physical exam and chest x-ray, initial/annual/termination
Crystalline Silica	Use of respiratory protection for silica exposure $\geq 30$ days per year	Chest x-ray, lung function tests every 3 years

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<b>Job Function or potential Hazard/Exposure from Job Content Worksheet</b>	<b>Check when....</b>	<b>Medical Surveillance Content</b>
Asbestos	Any exposure or potential for exposure > Permissible Exposure Limit without regard to respirator use	Initial/annual/termination (minimum of an exam and asbestos questionnaire, chest x-ray)
Beryllium	RESERVED- Exposure to airborne beryllium	RESERVED - Historical exposure monitoring indicates no airborne beryllium exposures
HAZWOPER	Designated as a HAZWOPER/ HAZMAT/Treatment, Storage, and Disposal (TSD) worker (refer to memorandum DND-IOM-ESH&Q-24-0005, <i>Updated Guidance for HAZWOPER Training</i> )	Initial/annual/termination exam
Chromium (VI)	$\geq 2.5 \mu\text{gm}/\text{m}^3$ 8-TWA $\geq 30$ days a year without regard to respirator use	Initial/annual/termination exam. Review of health history, skin, respiratory tract
Other	Substance Specific (consult Occupational Safety and Health Administration [OSHA] and American Conference of Governmental Industrial Hygienists [ACGIH] exposure limits)	As determined by exposure potential